Paper 3 Topics and Grading Rubric

Due Date: October 28th by 11:00 PM

Choose <u>one</u> of the following topics, and write a 500-word paper on it. You must be sure to support your ideas with evidence from class (either the textbook or lecture).

Upload your paper here: https://www.dropbox.com/request/FKanDDI7NiSo7Beu2J7v

1. Find an article from a news website or magazine (<u>not</u> a scientific journal) about a research study that is relevant to a topic from Chapter 5 or 6 of your textbook. Identify the primary research question and the main result. Discuss how the finding relates to something that we've covered in class. Is it consistent with what we've learned? If so, in what way? If it contradicts something we've learned, why do you think that is? *Include a link to the article in your paper.*
   a. Note: the article must describe a specific study with methods and results, not a general topic or area of research.

2. Choose one of the wellness activities below *that you are not already doing regularly* and practice it for at least 4 days in a row. Briefly reflect on how the experience was for you. Based on what we discussed in class, what are the health benefits of this activity? Would this activity be effective for someone in a different life stage (e.g., children, the elderly, pregnant women)? How might it need to be adapted to suit their needs and abilities? *Include a log of your activities with dates and times.*
   a. Go to bed and wake up at the same time each night: Aim for at least 8 hours of sleep.
   b. Do at least 10 minutes of mindfulness or other type of meditation. This website has many free guided meditations available for download: http://www.freemindfulness.org/download
   c. Keep a positive thoughts journal: Each day, write about at least one thing that went well that day or that is making you happy.

3. Find a child and (with their parent's permission!) run them through a classic Piagetian task that we discussed in class: object permanence, conservation, perspective taking, etc. Describe the task, how the child performed, and explain what that means in terms of developmental stages as we discussed in class. Would children in a different sociocultural context perform similarly or differently and why? *Attach the script you used to conduct the experiment and the child's responses.*

Requirements:
- Max length = 500 words (not including supplemental material in italics)
- Include your Course ID at the top; do **NOT** put your name anywhere in the document.
- Please submit your paper as a Word document (.doc or .docx). Do not submit a PDF.
- No citations or reference list are needed
  - You do not need to find any outside sources beyond the textbook and lecture material. <u>You must be careful not to directly plagiarize anything directly from the textbook or your source material</u>, but no formal citations are necessary. You can simply say something like "As our textbook says".

Grading Rubric (5 pts)

1 point: Features of the source material are adequately described.

4 points: The material is evaluated appropriately using material from class to support the conclusions.
- **4 = Excellent.** Thoughtful and complete; mature understanding of information; good synthesis/analysis of information; shows intelligent/creative approach; draws from information learned in lecture and text; free of factual errors.
- **3 = Above average.** Good idea(s) presented, but may be somewhat underdeveloped; factually correct.
- **2 = Average.** Incomplete thoughts; lack of clarity or substance; factual errors or major logical flaws.
- **1 = Substandard/Minimal effort.** Did not follow directions; minimal effort evident; lacking substance and accuracy; otherwise irrelevant or inappropriate to the assignment.

Possible Deductions:

1 point: Chosen source material (article, interview questions, card/comic) is not appropriate for the assignment

.5 point: Necessary supplemental material (in italics) is not included

.5 point: Multiple errors in grammar or spelling

.5 point: Formatting and length requirements are not met